

WEEKLY FEATURES

THURSDAY AT BREAKFAST SPECIAL

TRY OUR MEATY MUSHROOM UPGRADE

UMAMI-RICH PROTEIN CRAFTED FROM SHIITAKE MUSHROOMS

SOUPS

MONDAY

zuppa de toscano *
2.00/2.75/3.50

TUESDAY

chicken noodle
2.00/2.75/3.50

WEDNESDAY

garden vegetable *
2.00/2.75/3.50

THURSDAY

pozole
2.00/2.75/3.50

FRIDAY

chicken orzo
2.00/2.75/3.50

* SUGGESTED HEALTHY OPTIONS



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RISE & SHINE



BREAKFAST SPECIAL

MON: pumpkin spice french toast	6.50
TUE: breakfast casserole with bacon and sausage	6.50
WED: chilaquiles	6.50
THU: shitake mushroom florentine omelet *	6.50
FRI: montecristo ham, cheese and egg breakfast sandwich	6.50

MONDAY

CREATE: mongolian beef and broccoli served with jasmine rice and stir-fry vegetables 9.00

FLAME: chipotle apple grilled chicken sandwich * 8.00

VG STATION: black bean, tofu and avocado spinach wrap * 8.00

TUESDAY

CREATE: tender pork chile verde tacos served with rice, pinto beans, guacamole, pico de gallo, sour cream 9.00

FLAME: fried fish burrito 8.00

VG STATION: mashed potato tacos * 8.00

WEDNESDAY

CREATE: lamb gyro served with tri-color quinoa, pickled onions, tzatziki sauce, feta cheese and cucumber salad 9.00

FLAME: smash burger with grilled onion 8.00

VG STATION: sweet potato pattie and eggplant burger * 8.00

THURSDAY

CREATE: beef and bean chili served with roasted root vegetables, rice and corn bread 9.00

FLAME: buffalo pork wings 8.00

VG STATION: plant base chicken burrito on spinach wrap * 8.00

FRIDAY

CREATE: carved honey bourbon pork loin served with roasted potato 9.00

FLAME: bbq patty melt with pepper jack 8.00

VG STATION: pulled mushroom sliders * 8.00

CONNECT WITH Us



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