FOOD First

TORREY PINES CAFÉ 7

Monday – Friday | 07:00 am – 01:30 pm

WEEK OF NOV 9

WEEKLY FEATURES

HEALTHFUL HOLIDAY TRADITIONS

SOUPS

MONDAY
black bean & cilantro crema
2.00/2.75/3.50

TUESDAY
garden vegetable
2.00/2.75/3.50

WEDNESDAY
creamy broccoli cheese
2.00/2.75/3.50

THURSDAY
chicken & dumpling
2.00/2.75/3.50

FRIDAY
mexican street corn
2.00/2.75/3.50

Download the Eatify app and **ORDER TODAY!**

RISE & SHINE

BREAKFAST SPECIAL

turkey mushroom brussels butternut hash with fried egg	6.50
tofu scramble and black bean breakfast burrito	6.50
pumpkin ricotta toast with apple & arugula	6.50
applewood bacon egg & cheddar slider with roasted pears	6.50
strawberry cheesecake stuffed french toast	6.50

MONDAY

CREATE: panang pork curry, jasmine rice and asian quinoa slaw	9.00
FLAME: grilled salmon sandwich with kale apple horseradish slaw on brioche	9.00
VG STATION: kung pao tofu & fried rice	8.00

TUESDAY

CREATE: chicken apricot tagine, almond couscous, roasted carrots and harissa	9.00
FLAME: beef & provolone horseradish cream wrap	8.50
VG STATION: soyrizo & potato roll tacos	8.00

WEDNESDAY

CREATE: meatloaf with gravy, mashed potatoes, carrots & green beans	9.00
FLAME: crispy shrimp po'boy	9.00
VG STATION: ziti with plant-based bolognese	8.00

THURSDAY

CREATE: grilled pork chop, asparagus, wild rice, red pepper sauce	9.00
FLAME: ham & pork cubano sandwich	8.00
VG STATION: chipotle tuna burger	8.00

FRIDAY

CREATE: fish florentine served with angel hair pasta	9.00
FLAME: teriyaki bacon pineapple burger on brioche	8.00
VG STATION: veggie calzone	8.00

CONNECT WITH Us

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SUGGESTED HEALTHY OPTIONS