

WEEKLY FEATURES

TRY OUR MEATY MUSHROOM UPGRADE

UMAMI-RICH PROTEIN CRAFTED FROM SHIITAKE MUSHROOMS

SOUPS

MONDAY

butternut squash *
2.00/2.75/3.50

TUESDAY

chicken orzo *
2.00/2.75/3.50

WEDNESDAY

cream of mushroom *
2.00/2.75/3.50

THURSDAY

beef chili
2.00/2.75/3.50

FRIDAY

clam chowder
2.00/2.75/3.50

SOMETHING
DELICIOUS
AWAITS YOU

RISE & SHINE



BREAKFAST SPECIAL

applewood bacon & cage free egg biscuit sandwich	6.50
traditional breakfast chilaquiles topped with eggs any style	6.50
southwest cage free egg breakfast flatbread *	6.50
supreme breakfast burrito with pork sausage & avocado	6.50
biscuit & sausage gravy	6.50

MONDAY

CREATE: chicken giouvesti served with greek green beans * 9.00

FLAME: lamb & beef gyro 8.00

VG STATION: spicy tofu veggie & brown rice bowl * 8.00

TUESDAY

CREATE: carne asada tostada shell with all toppings 9.00

FLAME: pork carnitas torta topped with guajillo sauce 8.50

VG STATION: eggplant portobello provolone sub * 8.00

WEDNESDAY

CREATE: carved beef with apple cranberry sauce 9.00
baked potato & creamy broccoli *

FLAME: brie black forest ham honey mustard panini 9.00

VG STATION: soy chorizo & potato sopes * 8.00

THURSDAY

CREATE: spaghetti bolognese served with traditional caesar salad 9.00
& toasted garlic bread

FLAME: chicken & mushroom quesadilla 8.00

VG STATION: sweet potato fiesta grain bowl * 8.00

FRIDAY

CREATE: panko herb crusted salmon with creamy parmesan risotto * 9.50

FLAME: caesar shrimp crunch wrap 9.00

VG STATION: tomato basil mozzarella slider * 8.00

CONNECT WITH *Us*



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* SUGGESTED HEALTHY OPTIONS