

WEEKLY FEATURES



SOUPS

MONDAY
chicken thai *

TUESDAY
roasted corn

WEDNESDAY
pork kale *

THURSDAY
beef chili

FRIDAY
clam chowder

RISE & SHINE



BREAKFAST SPECIAL

turkey sausage breakfast tacos *	6.50
avocado chicken biscuit sandwich	6.50
blueberry maple bacon texas toast	6.50
mediterranean breakfast bowl *	6.50
potato egg white mushroom spinach burrito	6.50

MONDAY

CREATE: chicken bhuna masala with taarka dal & cauliflower brown rice 9.00

FLAME: jerk pork sandwich with papaya lime salsa 8.00

VG STATION: white truffle smash wrap *

TUESDAY

CREATE: pork carnitas with mexican red rice & pico de gallo 9.00

FLAME: chili-lime chicken quesadilla 8.00

VG STATION: sun-dried tomato tofu mozzarella artichoke lettuce wrap 8.00

WEDNESDAY

CREATE: bulgogi beef rice bowl *

FLAME: pepper jack blt melt 8.00

VG STATION: honey basil grill cheese on telera *

THURSDAY

CREATE: roasted lamb, tangie couscous & harissa salad *

FLAME: loaded lamb & beef gyro 8.00

VG STATION: pork pozole rojo (or choice vegetarian) 9.00/8.00

FRIDAY

CREATE: teriyaki bbq ahi tuna with steamed sticky rice *

FLAME: caramelized roast beef melt 8.50

VG STATION: grill squash burger with roasted pepper & chimichurri * 8.00

CONNECT WITH *Us*



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* SUGGESTED HEALTHY OPTIONS



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