

EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast - 7am to 10am

Lunch- 11am to 1:30pm

JUNE 22-26



RISE & SHINE

BREAKFAST SPECIALS

MONDAY-	turkey sausage egg white breakfast tacos *	6.50
TUESDAY-	peaches & cream breakfast waffle	6.50
WEDNESDAY-	applewood bacon egg & cheese breakfast pizza	6.50
THURSDAY-	chicken fajitas breakfast burrito	6.50
FRIDAY-	tofu benedict breakfast sandwich on wheat muffin *	6.50

MON

CREATE


chicken marsala over penne pasta & grilled vegetables 9.00

FLAME

italian sub served with margarita salad  8.00

TUES

CREATE

filipino style bbq pork with jicama pepper salad & camote (caramelized sweet potato) *  9.00

FLAME

poblano lime shrimp quesadilla 9.00

WED

CREATE

chicken tikka masala over steamed jasmine rice grill pita bread * 9.00

FLAME

turkey & ham montecristo  8.00

THURS

CREATE

herbed roast beef with mashed potato & steam seasonal vegetables 9.00

FLAME

apple bratwurst on hoagie roll  8.00

FRI

CREATE

fish & chips with seasoned steak potatoes  9.00

FLAME

grill portobello burger on brioche bun * 8.00

CONNECT WITH US

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Ruth Carrillo 858-455-2147

 Suggested healthy option

WEEKLY FEATURES

FIESTA-READY FLAVOR

Savor the celebration with a Cinnamon Churro Maple Cookie.



Available for a limited time!
MADE WITH CINNAMON SPICE AND RICH MAPLE SWEETNESS, WITH A CRISP CHURRO-STYLE CINNAMON EXTERIOR AND SOFT CENTER.



eatify

Download and order with the app today!

SOUPS

MONDAY

lobster bisque *

TUESDAY

street corn *

2.00/2.50/3.00

WEDNESDAY

mushroom cream

2.00/2.75/3.50

THURSDAY

beef chili 

2.00/2.50/3.00

FRIDAY

seafood chowder

2.00/2.50/3.00