

EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast - 7am to 10am

Lunch- 11am to 1:30pm

MAY 11-15

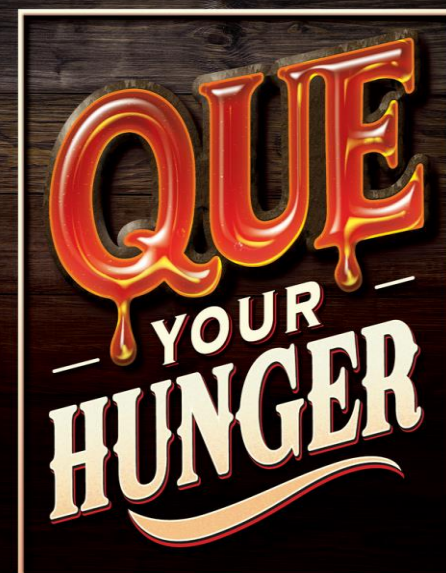


RISE & SHINE

BREAKFAST SPECIALS

MONDAY - smoked salmon caper tomato onions breakfast bagel sandwich *	7.50
TUESDAY - turkey sausage breakfast english muffin sandwich with goddess dressing	6.50
WEDNESDAY - egg white plant-base sausage breakfast bowl *	6.50
THURSDAY - bacon egg & cheese breakfast flatbread	6.50
FRIDAY - avocado chilaquiles with two egg	6.50

WEEKLY FEATURES



MON

CREATE

chicken thai curry with mixed asian vegetables & sweet mango rice *



9.00

FLAME

antipasto pita sandwich with portobello, olives, red peppers and sun-dried tomato *

8.00

TUES

CREATE

pork carnitas plate served with mexican red rice & refried black beans

9.00

FLAME

turkey burger with peach coleslaw on brioche bun *



8.00

WED

CREATE

lasagna al forno (beef or veggie) served with roasted vegetables & garlic bread

9.00

FLAME

chili baja lime chicken burrito & house chips

8.00



THURS

CREATE

roasted herbed pork loin with buttered broccoli & mashed potato

9.00

FLAME

beef sliders with pepper jack cheese & waffle fries

8.00



FRI

CREATE

honey bbq glazed salmon with ancho chili sauce & confetti rice

9.00

FLAME

portobello quesadilla on wheat tortilla *

8.00



CONNECT WITH US

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Suggested healthy option



eatify

Download and order with the app today!

SOUPS

MONDAY

lentil *

TUESDAY

chicken baja *

2.00/2.50/3.00

WEDNESDAY

mushroom cream

2.00/2.75/3.50

THURSDAY

beef chili



2.00/2.50/3.00

FRIDAY

clam chowder *

2.00/2.50/3.00