

EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast - 7am to 10am

Lunch- 11am to 1:30pm

MARCH 30 – APRIL 3



RISE & SHINE

BREAKFAST SPECIALS

MONDAY - potato mushroom spinach egg white breakfast burrito *	6.50
TUESDAY - meat lover breakfast pizza with tater tots	6.50
WEDNESDAY - mixed seasonal berries buttermilk pancakes	6.50
THURSDAY - turkey sausage fried egg breakfast bagel	6.50
FRIDAY - denver omelet with breakfast house potatoes *	6.50

MON

CREATE

all american meatloaf served with creamy mashed potato & steamed vegetables *



9.00

FLAME

roasted vegetables spinach wrap with red pepper hummus & fruit salad *

8.00

TUES

CREATE

fajita chicken with zucchini mixed corn & cilantro jalapeno rice *



9.00

FLAME

chicken philly cheese steak & house chips

8.00

WED

CREATE

beef & broccoli over sticky rice and stir fry vegetables *



9.00

FLAME

green veggie burger with portobello mushroom on brioche bun *

8.00

THURS

CREATE

stuffed mushrooms pork loin with steamed garlic potatoes

9.00

FLAME

chicken tender plater with potato wedges

8.00

FRI

CREATE

crispy fish tacos served with seasoned steak potatoes pineapple coleslaw *



9.00

FLAME

chimichurri grill salmon wrap & house chips *

8.00

WEEKLY FEATURES



WE STRIVE TO SERVE 100% SUSTAINABLE SEAFOOD



eatify

Download and order with the app today!

SOUPS

MONDAY

lentil *

TUESDAY

chicken tortilla
2.00/2.50/3.00

WEDNESDAY

creamy sweet corn
2.00/2.75/3.50

THURSDAY

thai chicken *

2.00/2.50/3.00

FRIDAY

seafood coconut curry *

2.00/2.50/3.00

CONNECT WITH US

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Suggested healthy option