

EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast - 7am to 10am

Lunch- 11am to 1:30pm

MAR 2-6



RISE & SHINE

BREAKFAST SPECIALS

MONDAY- black forest ham egg & cheese breakfast croissant	6.50
TUESDAY- irish texas toast breakfast grill cheese sandwich	6.50
WEDNESDAY- soy chorizo egg & cheddar cheese strata *	6.50
THURSDAY- italian breakfast scrambled bowl *	6.50
FRIDAY- nutella & banana waffle with all toppings	6.50

WEEKLY FEATURES



FISH FRIDAYS



MON

CREATE

grill bbq chicken with spicy coleslaw & onion rings

FLAME

bulgogi style bbq beef sandwich *



9.00

8.00

TUES

CREATE

beef or vegetarian enchiladas verdes served with mexican style red rice & traditional refried beans

FLAME

sweet & spicy black forest ham & cheese melt



9.00

8.00

WED

CREATE

lamb & beef arayes with tabbouleh lemon tahini yogurt *

FLAME

grill lemon chicken sandwich with boursin cheese spread *



9.00

8.00

THURS

CREATE

pork wing stew served with brown rice & sweet corn *

FLAME

chicken philly cheese steak sandwich



9.00

8.00

FRI

CREATE

roasted dill salmon citrus almond rice & lemon dill broccolini *

FLAME

baked falafel gyro with red pepper aioli sauce *



9.50

8.00

CONNECT WITH US

cafeteria7@ga.com/ruth.carrillo@compass-usa.com

Ruth Carrillo 858-455-2147



Suggested healthy option

SOUPS

MONDAY

poblano lentil *

TUESDAY

pork pozole rojo
2.00/2.50/3.00

WEDNESDAY

thai curry chicken *

2.00/2.75/3.50

THURSDAY

beef barley *

2.00/2.50/3.00

FRIDAY

manhattan clam chowder

2.00/2.50/3.00