

# EAT. DRINK. SOCIALIZE.

CAFÉ 7  
Monday - Friday | 7:00 am - 1:30 pm  
Breakfast - 7am to 10am  
Lunch- 11am to 1:30pm  
JAN 12-16



## RISE & SHINE

### BREAKFAST SPECIALS

MONDAY	-sausage egg potato pico breakfast burrito	6.50
TUESDAY	- buttermilk oatmeal walnut pancakes	6.50
WEDNESDAY	- breakfast bowl with egg & citrus salsa	6.50
THURSDAY	- bacon & cheese breakfast pizza	6.50
FRIDAY	- huevos rancheros plate	6.50

MON

### CREATE

chili garlic fried chicken with wok fried green beans & bulgogi glazed carrots 9.00

### FLAME

roast beef, portobello & horseradish mayo on baguette 8.50

TUES

### CREATE

shrimp chu chee curry served with steamed white rice 9.50



### FLAME

buffalo chicken sub 8.00

WED

### CREATE

bibimbap korean rice bowl 9.00



### FLAME

signature spicy avocado black bean burger 8.00

THURS

### CREATE

carved tuscan pork loin served with balsamic roasted 9.50



brussels sprouts & kale and creamy herbed mashed potatoes

### FLAME

ultimate tuna melt on sourdough 8.00

FRI

### CREATE

teriyaki salmon with steamed white rice 9.50



### FLAME

birria quesadilla 8.00

CONNECT  
WITH US

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Suggested healthy option

## WEEKLY FEATURES

*Resolution  
Reset* 



eatify

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## SOUPS

### MONDAY

split pea with ham 2.00/2.50/3.00

### TUESDAY

black charro bean 2.00/2.50/3.00

### WEDNESDAY

jalapeno corn chowder 2.00/2.75/3.50

### THURSDAY

beef chili 2.00/2.50/3.00

### FRIDAY

thai seafood 2.00/2.50/3.00