

EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast – 7am to 10am

Lunch – 11am to 1:30pm

DEC 8-12



RISE & SHINE

BREAKFAST SPECIALS

MONDAY-	montecristo breakfast biscuit sandwich	6.50
TUESDAY-	western omelet breakfast flatbread	6.50
WEDNESDAY-	sweet potato & kale egg bite strata *	6.50
THURSDAY-	prosciutto breakfast sandwich on multigrain *	6.50
FRIDAY-	pit ham breakfast croissant with pepper jack cheese	6.50

MON

CREATE

coconut curry lamb dhaba served with basmati rice
& roasted vegetables *

dhaba
flavors of india

9.00

FLAME

prosciutto salami pepperoni ham & sweet roasted pear baguette

8.00

TUES

CREATE

carved tuscan pork loin with mashed potatoes & roasted garlic broccoli *

9.00

FLAME

caprese grill cheese on ciabatta served with fries

kitchen
and co.

8.00

WED

CREATE

tonkatsu pork belly ramen bowl *

9.00

FLAME

balsamic grill chicken with kale goat cheese on telera

8.00



THURS

CREATE

carne asada tacos with all toppings
served with mexican rice & chorizo beans *

9.00

FLAME

pulled pork jalapeno coleslaw wrap & house chips

8.00

little
lime

FRI

CREATE

bulgogi beef or tofu & rice bowl *

9.00

FLAME

bbq beef sliders with onion rings

8.00



CONNECT
WITH US

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Ruth Carrillo 858-455-2147



Suggested healthy option

WEEKLY FEATURES



SOUPS

MONDAY

potato cream
2.00/2.50/3.00

TUESDAY

chicken pozole
2.00/2.50/3.00

WEDNESDAY

cream of mushroom *

2.00/2.75/3.50

THURSDAY

turkey orzo *

2.00/2.50/3.00

FRIDAY

clam chowder
2.00/2.50/3.00