

EAT. DRINK. SOCIALIZE.



CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast - 7am to 10am

Lunch- 11am to 1:30pm

NOV 17-20



RISE & SHINE

BREAKFAST SPECIALS

MONDAY- soy chorizo egg & cheese bagel sandwich *	6.50
TUESDAY- cinnamon french toast with two any style eggs	6.50
WEDNESDAY- applewood bacon egg & cheese flatbread sandwich	6.50
THURSDAY- pork sausage & american cheese english muffin	6.50
FRIDAY- breakfast enchiladas with tomatillo avocado salsa	6.50

MON

CREATE

chicken tikka masala bowl rice with naan bread *

FLAME

beef provolone cheese steak hoagie sandwich

dhaba
flavors of india

9.00

8.00

TUES

CREATE

herbed roasted oven beef with baked potatoes & steam seasonal vegetables *

FLAME

tuna melt sandwich on sourdough bread

kitchen & co.

9.00

8.50

WED

CREATE

crispy buffalo chicken with cheddar mac n' cheese & steam broccoli

FLAME

grill salmon sandwich with kale apple horseradish slaw on brioche *

MAC & CHEESY COUNTRY

9.00

8.00

THURS



**roasted turkey and gravy served with fresh cranberry sauce,
corn bread stuffing, sweet potato casserole and roasted almandine
green beans & sliced of pumpkin, pecan or apple pie 10.50**

FRI

CREATE

lemon dill salmon with creamy mushroom risotto

& roasted cheese cauliflower *

FLAME

turkey apple brie sandwich *

FISH & CHIP SHOP

9.00

8.00

**CONNECT
WITH US**

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Suggested healthy option

WEEKLY FEATURES



eatify

Download and order
with the app today!

SOUPS

MONDAY

cauliflower cream *

2.00/2.50/3.00

TUESDAY

chicken orzo *

2.00/2.50/3.00

WEDNESDAY

vegetable garden *

2.00/2.75/3.50

pumpkin cream *

2.00/2.50/3.00

FRIDAY

clam chowder

2.00/2.50/3.00