

EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast - 7am to 10am

Lunch- 11am to 1:30pm

OCT 13-17



RISE & SHINE

BREAKFAST SPECIALS

MONDAY - egg, cheese, tot and signature sauce breakfast burrito *	6.50
TUESDAY - cage free egg pit ham & cheese breakfast slider *	6.50
WEDNESDAY - sweet potato hash with peppers & fried egg breakfast bowl *	6.50
THURSDAY - breakfast egg chipotle enchiladas with avocado & house potatoes *	6.50
FRIDAY - nutella waffle with seasonal mix berries. *	6.50

MON

CREATE

korean bbq bulgogi chicken rice bowl *



9.00

FLAME

roast beef sandwich with fig sauce & boursin chesse spread

8.00

TUES

CREATE

ground beef & pollo asado taco shell salad served with mexican rice & refried beans *



9.00

FLAME

italian sub & house chips

8.00

WED

CREATE

thai coconut curry shrimp & scallop served with lemon basmati rice & curry vegetables *



9.00

FLAME

fresco mozzarella pepper & basil on sourdough *

8.00

THURS

CREATE

beef & broccoli lo main noodles bowl *



9.00

FLAME

turkey apple & brie cheese sandwich on multigrain bread *

8.00

FRI

CREATE

mediterranean haddock fish served with couscous *



9.00

FLAME

chimichurri haddock fish with grill vegetables *

8.00

CONNECT
WITH US

cafeteria7@ga.com / ruth.carrillo@compass-usa.com

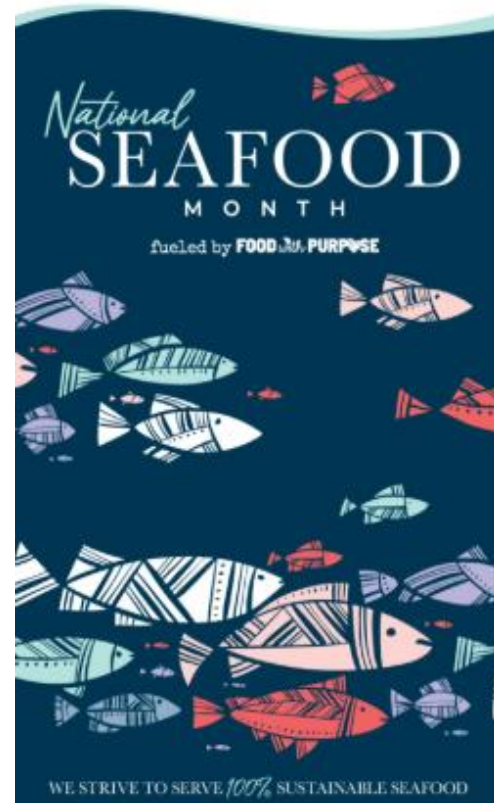
Ruth Carrillo 858-455-2147



Suggested healthy option

WEEKLY FEATURES

GET HOOKED!



SOUPS

MONDAY

creamy tomato basil *

2.00/2.50/3.00

TUESDAY

chicken tlalpeno *

2.00/2.50/3.00

WEDNESDAY

beef mushroom *

2.00/2.75/3.50

THURSDAY

beef chili



2.00/2.50/3.00

FRIDAY

quinoa corn *

2.00/2.50/3.00