

# EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast - 7am to 10am

Lunch- 11am to 1:30pm

SEP 15-19



## RISE & SHINE

### BREAKFAST SPECIALS

<b>MONDAY-</b> ham, egg, goat cheese & spinach breakfast sandwich *	6.50
<b>TUESDAY-</b> chorizo potato hash with egg & guacamole *	6.50
<b>WEDNESDAY-</b> spicy chicken bacon cheddar breakfast jalapeno bagel	6.50
<b>THURSDAY-</b> breakfast vegetables burrito with peppers & hash browns	6.50
<b>FRIDAY-</b> applewood bacon mushroom egg cheese breakfast flatbread *	6.50

MON

### CREATE

piri piri chicken thigh with potato wedges & black eye pea salad \*

### FLAME

salmon burger with guacamole on iceberg lettuce bun \*



TUES

### CREATE

beef or chicken fajita plate served with street corn, charro beans & mexican rice \*

### FLAME

mini cilantro chicken guacamole sliders & seasoned house chips \*



WED

### CREATE

chicken masala with vegetable medley & chopped antipasto salad pasta \*

### FLAME

hot dog california style & fries



THURS

### CREATE

spicy tan tan pork ramen \*

### FLAME

turkey burger with vinegar coleslaw & bbq hoisin sauce on brioche \*



FRI

### CREATE

honey mustard salmon served with vegetable risotto and dinner roll \*

### FLAME

toasted ham, bacon & cheddar on focaccia served with onion rings

## WEEKLY FEATURES

*Celebrating*  
**HISPANIC**  
**HERITAGE MONTH**  
SEPTEMBER 15 TO OCTOBER 15



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## SOUPS

### MONDAY

jerk chicken \*  
2.00/2.50/3.00

### TUESDAY

thai lentil \*  
2.00/2.50/3.00

### WEDNESDAY

chicken orzo \*  
2.00/2.75/3.50

### THURSDAY

beef chili  
2.00/2.50/3.00



### FRIDAY

clam chowder  
2.00/2.50/3.00

**CONNECT WITH US**

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Suggested healthy option