EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday - Friday | 7:00 am - 1:30 pm Breakfast - 7am to 10am Lunch-11am to 1:30pm

SEPTEMBER 1-5



RISE & SHINE

TUESDAY- applewood bacon mushroom egg cheese breakfast flatbread **WEDNESDAY-** vegetable breakfast burrito with peppers & hash browns

THURSDAY- mediterranean egg white wrap & fruit salad

FRIDAY- meat lovers breakfast pizza

6.50 6.50

6.50

6.50



CREATE

traditional pork carnitas tacos with chorizo refried beans & jalapeno corn

FLAME

turkey apple & brie sandwich on fresh ciabatta roll 😘



9.00

8.00

CREATE

bulgogi beef rice bowl

(bell pepper mushroom cucumber carrots sesame seed) 😺

white truffle veggie burger with pistachio pesto on kaiser roll 😘



9.00

8.00

CREATE

island chicken curry served with coconut jasmine rice &

island style greens 😘



FLAME

grill tofu & portobello, roasted tomato & goat cheese flatbread 🙃





9.00

8 00

CREATE

teriyaki beef & broccoli lo main noodles & vegetable egg roll



five spice chicken burger with slaw and sriracha aioli on kaiser



9.00

8.00



cafeteria7@ga.com/ruth.carrillo@compass-usa.com Ruth Carrillo 858-455-2147



Suggested healthy option

WEEKLY FEATURES

on monday september 1st





SOUPS

TUESDAY

chicken pozole 2.00/2.50/3.00

WEDNESDAY

portobello mushroom 👔 2.00/2.75/3.50

THURSDAY

caribbean beef curry 2.00/2.50/3.00

FRIDAY

portobello & quinoa corn 🙉 2.00/2.50/3.00

