

# EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast - 7am to 10am

Lunch- 11am to 1:30pm

**JULY 21-25**



## RISE & SHINE

### BREAKFAST SPECIALS

<b>MONDAY-</b>	egg white omelet served with house country potatoes *	6.50
<b>TUESDAY-</b>	bacon avocado cage free egg on flatbread	6.50
<b>WEDNESDAY-</b>	banana walnut french toast with two any style egg	6.50
<b>THURSDAY-</b>	black forest ham & cheese croissant	6.50
<b>FRIDAY-</b>	soy chorizo black bean avocado wheat toast *	6.50

**MON**

### CREATE

lemon chicken piccata served with rice pilaf & seasonal steamed vegetables 9.00

### FLAME

turkey burger with grill peach slaw on brioche bun \*

**TUES**

### CREATE

traditional pork carnitas with refried beans & spanish rice 9.00

### FLAME

pimento cheese blt wheat wrap \*



**WED**

### CREATE

crispy chicken sundried tomato fettuccini pasta served with signature caesar salad & garlic bread 9.00

### FLAME

carne asada torta with jalapeno avocado & tomatillo salsa 8.00



**THURS**

### CREATE

tonkotsu pork ramen with lo main noodles & pouch egg \*

### FLAME

crispy buffalo chicken wrap & carrot sticks 8.00



**FRI**

### CREATE

fish crispy tacos with seasoned potato wedges 9.00

### FLAME

white truffle burger with goat cheese & red onion jam \*



**CONNECT  
WITH US**

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Suggested healthy option

## WEEKLY FEATURES



### SALSA FRESCA

**MAKE THIS  
DISH AT HOME!**

GET THE RECIPE AND ADD THE  
INGREDIENTS TO YOUR INSTACART!



FOR THE *good* OF  
PEOPLE AND PLANET **FOOD PURPOSE**



**eatify**

Download and order  
with the app today!

## SOUPS

### MONDAY

caribbean chicken \*

2.00/2.50/3.00

### TUESDAY

tomato basil \*

2.00/2.50/3.00

### WEDNESDAY

chicken & rice \*

2.00/2.75/3.50

### THURSDAY

beef chili



2.00/2.50/3.00

### FRIDAY

broccoli cheese

2.00/2.50/3.00