

EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast – 7am to 10am

Lunch– 11am to 1:30pm

JUNE 30 – JULY 4



RISE & SHINE

BREAKFAST SPECIALS

MONDAY-	tofu scrambled and black bean breakfast burrito *	6.50
TUESDAY-	breakfast cheese & veggie enchiladas with green avocado salsa *	6.50
WEDNESDAY-	pesto bacon & egg breakfast flat bread *	6.50
THURSDAY-	steak chilaquiles with home style breakfast potatoes	6.50

MON

CREATE

spicy grill jerk chicken over sticky rice & black bean *

FLAME

buffalo grill shrimp with blue cheese crumble on spinach wrap *



9.00

8.00

TUES

CREATE

honey mustard pork loin with parsley steam potatoes & grill cajun vegetables *

FLAME

teriyaki black bean burger with cucumber carrot slaw on brioche bun *

9.00

8.00

WED

CREATE

herbed grill half chicken with sautéed mix seasonal vegetables & bake potato *

FLAME

italian sub & french fries

GRILLING MONTH

9.00

8.00

THURS

CREATE

carving bbq beef served with almond rice & sweet corn on the cob *

FLAME

cheddar jack grill cheese with pit ham on texas toast



9.00

8.00

FRI

WE WILL BE **CLOSED**
— IN OBSERVANCE OF —
4th Of July
INDEPENDENCE DAY

**CONNECT
WITH US**

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Suggested healthy option

WEEKLY FEATURES



eatify

Download and order
with the app today!

SOUPS

MONDAY

jerk chicken *

2.00/2.50/3.00

TUESDAY

creamy tomato *

2.00/2.50/3.00

WEDNESDAY

beef barley *

2.00/2.75/3.50

THURSDAY

chicken noodle *

2.00/2.50/3.00

FRIDAY

CLOSED