EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday - Friday | 7:00 am - 1:30 pm Breakfast - 7am to 10am Lunch- 11am to 1:30pm

JUNE 9-13



RISE & SHINE

BREAKFAST SPECIALS

MONDAY- portobello tomato and goat cheese breakfast flatbread 6.50 TUESDAY- pork sausage dijon marmalade breakfast croissant 6.50 WEDNESDAY- loaded breakfast hash brown bowl 😝 6.50 THURSDAY- southwest breakfast wrap with creamy guacamole 6.50 FRIDAY- banana pancakes toped with seasonal mix berries syrup & eggs 6.50

CREATE

coconut thai chicken bowl (steam rice & coconut thai basil mix vegetables)



bacon ranch crispy chicken sandwich & french fries

8.00

9.00

CREATE

FLAME

pork carnitas with spanish rice & traditional jalapeno beans



green burger with spicy cabbage & ginger aioli



8.00

CREATE

herbed roasted beef, garlic butter potatoes and seasonal steamed vegetables



FLAME

the cali-blt with avocado on multigrain 🔞



8.00

9.00

CREATE

beef & lamb gyro mediterranean stew



9.00

bratwurst with sauerkraut and horseradish mustard on hoagie

8.00

CREATE

salmon bulgogi over sweet sticky rice & orange bok choy 😘



9.00

FLAME

carved roasted beef on focaccia with fresh mozzarella sandwich (3)



8.00

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Suggested healthy option

WEEKLY FEATURES





SOUPS

MONDAY

coconut thai chicken 😘



TUESDAY

cream of mushroom 2.00/2.75/3.50



southwest chicken 2.00/2.75/3.50

THURSDAY

beef chili 2.00/2.75/3.50



FRIDAY

butternut squash 2.00/2.75/3.50

