# EAT. DRINK. SOCIALIZE.

## CAFÉ 7

Monday - Friday | 7:00 am - 1:30 pm Breakfast - 7am to 10am Lunch- 11am to 1:30pm

## **WEEK OF MARCH 25-29**



## **RISE & SHINE**

BREAKFAST SPECIALS		
MONDAY- southwestern tofu tacos		6.00
TUESDAY- mediterranean breakfast bowl 🔞		6.50
WEDNESDAY- spicy cilantro chilaquiles plate		6.50
THURSDAY- oatmeal berry pancakes with blueberry sauce & fruit salad	<b>3</b>	6.50
FRIDAY- soy chorizo breakfast tacos & home breakfast potatoes 🔞		6.50

#### **CREATE**

chicken parmesan served w/ mashed potato & steamed vegetables 8.50



tomato, ham & avocado grilled cheese & house chips 😝



7.50

#### **CREATE**

chile colorado pork served with charro beans & grilled corn on the cob



8.50

turkey BLT on croissant & house chips



7.50

#### **CREATE**

churrasco marinated top round steak, served with



8.50

7.50

**FLAME** 

FISH&CHIP fish & chips

#### CREATE

smoked BBQ chicken mac n' cheese bowl & seasonal salad



8.50

roasted pork provolone & creamy kale sandwich



7.50

#### **CREATE**

thai coconut yellow curry shrimp bowl



9.00

bacon, egg & cheeseburger with maple butter

7.50

Ruth Carrillo

Cafeteria7@ga.com/ruth.carrillo@compass-usa.con



Suggested healthy option







beef & vegetables



1.75/2.50/3.00

### **TUESDAY**

chicken & rice 🔀



1.75/2.50/3.00

#### WEDNESDAY

beef chili

2.00/2.75/3.50

#### **THURSDAY**

pozole

1.75/2.50/3.00

### **FRIDAY**

seafood



1.75/2.50/3.00