

breakfast

Monday – Friday

7am to 9:30pm Starbucks coffee/ Water **Danish or Muffin**

Lunch

10am to 1:30pm

Special of the day

Monday- Buffalo Chicken wrap **Tuesday-** Southwestern Turkey wrap Wednesday Blue cheese Ham wrap **Thursday** Orange Chicken Bowl Friday- Chicken Adobo Bowl

sandwich

Monday- Grilled Tomato, Turkey Sandwich **Tuesday- BLT Sandwich** Wednesday – Chicken Chipotle Panini **Thursday-** Roast Beef and Caramelize Onion Sandwich Friday- Tuna Sandwich

salad

Monday- Strawberry Spinach Salad **Tuesday-** Delicate Squash Salad Wed- Citrus Salad **Thursday-** Mediterranean Rice Brown Salad Friday- Beet Salad

