May 23, 2022 Café 7

Week of May 23-27

Monday – Friday 7 am – 1:30 pm



MONDAY

simply breakfast: jalapeno bagel sandwich

applewood bacon and melted cheddar cheese with house potatoes

create: roasted marinated herbed pork loin

creamy mashed potatoes & mixed vegetables
flame: cowboy burger

bbq sauce, crispy onions, bacon & melted cheese served with french fries

TUESDAY

simply breakfast: chorizo breakfast burrito

sauteed bell peppers, onions, slice mushrooms and spinach with tater tots

create: café 7 street chicken or beef tacos
pico de gallo, guacamole, sour cream, house-made salsa, refried beans & cilantro rice

flame: greek chicken wrap

kalamata olives, sliced tomat, red onion and feta cheese & potato wedges

WEDNESDAY

simply breakfast: ham & egg croissant sandwich
pit ham, swiss cheese with dice hash brown potato
create: classic beef stroganoff
butter garlic egg noodles topped with mushroom sauce
& seasonal steamed mixed vegetables
flame: spicy portobello beyond burger
jalapeno aioli, grill bell peppers & french fries

THURSDAY

simply breakfast: flatbread breakfast pizza
cage free eggs, applewood bacon & ham
create: orange chicken teriyaki
served with sticky rice & stir-fry vegetables
flame: Italian meatball sub
served with home fries potatoes

FRIDAY

fat free yogurt, fresh mix berries, granola & honey

Create: pasta bar
8.00
shrimp, chicken or sausage
flame: breaded fish sandwich
caramelized onions and slice mushrooms with home-style chips

simply breakfast: fruit and yogurt breakfast bowl

DON'T MISS THIS



Soup

available from 11am to 1:30pm

Monday
chicken & rice
Tuesday
beef chili
Wednesday
cream of broccoli
Thursday
beef chili

choice of dinner roll or fresh golden corn bread

Friday clam chowder



5.00